LEARNING ABOUT RAMADAN





Ramadan is not just about going without food or drink, it means being extra good, not arguing, helping others, and being kind. Younger people, older people and people who are sick do not have to fast.

LUNAR CALENDAR



Ramadan occurs in the 9th month of the Islamic lunar calendar and announced when the new moon is sighted.

FASTING DURATION



Different parts of the world have short or long days based on their geographical location and the time of year.

ACTS OF KINDNESS

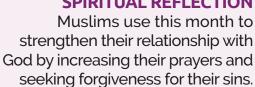


Ramadan teaches about being kind and helping others as well as thinking about those in need.

Holy Month of Fasting

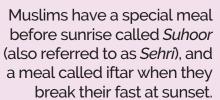
Ramadan is a special month for Muslims who fast, which means not eating or drinking from sunrise to sunset

SPIRITUAL REFLECTION



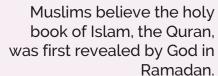


SUHOOR AND IFTAR



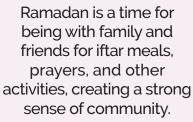


THE QURAN

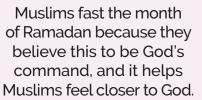




COMMUNITY



REASON FOR FASTING



NIGHT PRAYERS

